

401 – Simple Yoked

Nightgown and Pyjamas

Simple nightgown or pyjama top has optional cap sleeves and side seam pockets.

Wonderful for lounging or as sleep wear.

View A - features a flattering V-shaped yoke.

View B - is romantic with pretty yoke and cap sleeves of lace.

One-piece Pyjama Pant has comfortable felt-back elastic waist.

- This is a multi-sized pattern.
- Tips from The Perfect Fit Guide™ for custom fitting are included in these instructions.

Important - Seam Allowances

Seam allowances for this pattern are 1 cm (3/8 in) unless otherwise indicated on the pattern piece.

Notions

View A - Thread, disappearing fabric marker, 1m (1 1/8 yd) of 1 cm (3/8 in) single galloon lace trim or piping (optional) for sleeve edge.

View B - Thread, 2.3 m (2 1/2 yd) of 10 cm (4 in) wide single galloon lingerie or cotton lace, 1m (1 1/8 yd) of 1cm (3/8 in) transparent or felt-back elastic, disappearing fabric marker.

Pyjama Pant - 2.5 cm (1 in) wide felt-back elastic cut 10-15 cm (4-6 in) less than waist measurement.

Requirements – Fabric metres (yards)

Pyjama Top with Fabric Yoke and Sleeves

Size	115 cm (45 in)	140 cm (54 in)	150 cm (60 in)
14	2 m (2 1/4 yd)	1.2 m (1 3/8 yd)	1.2 m (1 3/8 yd)
16	2 m (2 1/4 yd)	2 m (2 1/4 yd)	1.2 m (1 3/8 yd)
18 - 24	2 m (2 1/4 yd)	2 m (2 1/4 yd)	2 m (2 1/4 yd)

Pyjama Top with Lace Yoke and Sleeves

Size	115 cm (45 in)	140 cm (54 in)	150 cm (60 in)
14	1.4 m (1 1/2 yd)	1 m (1 1/8 yd)	1 m (1 1/8 yd)
16	1.4 m (1 1/2 yd)	1.4 m (1 1/2 yd)	1 m (1 1/8 yd)
18 - 24	1.4 m (1 1/2 yd)	1.4 m (1 1/2 yd)	1.4 m (1 1/2 yd)

Pyjama Pant

Size	115 cm (45 in)	140 cm (54 in)	150 cm (60 in)
14 - 24	2.2 m (2 1/2 yd)	2.2 m (2 1/2 yd)	2.2 m (2 1/2 yd)

Nightgown with Fabric Yoke and Sleeves

Size	115 cm (45 in)	140 cm (54 in)	150 cm (60 in)
14	3 m (3 3/8 yd)	1.8 m (2 yd)	1.8 m (2 yd)
16	3 m (3 3/8 yd)	3 m (3 3/8 yd)	1.8 m (2 yd)
18 - 24	3 m (3 3/8 yd)	3 m (3 3/8 yd)	3 m (3 3/8 yd)

Nightgown with Lace Yoke and Sleeves

Size	115 cm (45 in)	140 cm (54 in)	150 cm (60 in)
14	2.5 m (2 3/4 yd)	1.5 m (1 5/8 yd)	1.5 m (1 5/8 yd)
16	2.5 m (2 3/4 yd)	2.5 m (2 3/4 yd)	1.5 m (1 5/8 yd)
18 - 24	2.5 m (2 3/4 yd)	2.5 m (2 3/4 yd)	2.5 m (2 3/4 yd)

Measurement Charts

This pattern is designed for the short full-figured woman. She has narrow shoulders, full bust, short waist length, short crotch depth and rounded tummy.

Body Measurements

Choose your size according to the larger of your high bust, tummy or hip measurement.

SIZE	14	16	18	20	22	24
	cm (in)	cm (in)	cm (in)	cm (in)	cm (in)	cm (in)
high bust	92 (36)	97 (38)	102 (40)	107 (42)	112 (44)	117 (46)
full bust	102 (40)	107 (42)	112 (44)	117 (46)	122 (48)	127 (50)
waist	81 (32)	87 (34)	91.5 (36)	96.5 (38)	102 (40)	107 (42)
tummy*	109 (43)	114 (45)	119 (47)	125 (49)	130 (51)	135 (53)
hip**	107 (42)	112 (44)	117 (46)	122 (48)	127 (50)	132 (52)
back waist length	36.2 (14 1/4)	36.5 (14 3/8)	36.8 (14 1/2)	37.1 (14 5/8)	37.4 (14 3/4)	37.8 (14 7/8)
back shoulder width	36.6 (14 1/2)	37.4 (14 3/4)	38 (15)	38.6 (15 1/4)	39.2 (15 1/2)	40 (15 3/4)

*tummy measured 11 cm (4 1/2 in) from waist.

**hip measured 20 cm (8 in) from waist.

Finished Garment Measurements

		14	16	18	20	22	24
Pyjama Top	Length - Base of neck to Hem at Back	73 cm (28 3/4 in)	73 cm (28 3/4 in)	73 cm (28 3/4 in)	73 cm (28 3/4 in)	73 cm (28 3/4 in)	73 cm (28 3/4 in)
	Nightgown	Length - Base of neck to Hem at Back	126 cm (49 1/2 in)	126 cm (49 1/2 in)	126 cm (49 1/2 in)	126 cm (49 1/2 in)	126 cm (49 1/2 in)
Pyjama Top & Nightgown	Circumference of Hem	130 cm (51 in)	135 cm (53 in)	137 cm (55 in)	139 cm (57 in)	141 cm (59 in)	143 cm (61 in)
<i>Adjust from the hem for shorter or longer length.</i>							
Pyjama Pant	Outseam	96 cm (37 3/4 in)	96.6 cm (38 in)	97.2 cm (38 1/4 in)	97.8 cm (38 1/2 in)	98.4 cm (38 3/4 in)	99 cm (39 in)
	Hip	116 cm (45 1/2 in)	121 cm (47 1/2 in)	126 cm (49 1/2 in)	131 cm (51 1/2 in)	136 cm (53 1/2 in)	141 cm (55 1/2 in)
	Width of Cuff	21 cm (8 1/4 in)	21 cm (8 1/4 in)	21 cm (8 1/4 in)	21 cm (8 1/4 in)	21 cm (8 1/4 in)	21 cm (8 1/4 in)

Suggested Fabrics

View A - Soft knit or woven fabrics, such as lightweight terry, knit or woven cotton, batiste, satin, silk charmeuse and tricot.

View B - When using Lingerie Lace Yokes: choose lightweight knit or woven fabrics such as tricot, single knits or lingerie silk. When using heavier Cotton Lace Yokes: choose heavier knit or woven fabrics such as lightweight terry, double knits, satin, and cottons.